

User Manual

# Järven Rescue Sheet



CE

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# SAFETY INSTRUCTIONS

*Read the instructions before using our products!*

- The product should only be used in accordance with the description in this manual.
- The product must not be combined, assembled or repaired with other parts, accessories or spare parts than those described in this user manual or other documentation from Järven Health Care.
- The product must be used so that it is not pinched or damaged.
- Avoid using sharp objects near the product.
- Never carry the patient and the mattress in the rescue sheet.
- Järven Rescue Sheet must not be used together with air mattresses.
- Järven Rescue Sheet has been fire tested. It is the customer's responsibility to make a risk assessment based on the risk of arson or other fire risks and then choose the right product. Feel free to contact us with questions.
- To avoid damage, the product must not come into contact with heat sources or fire, such as glowing/burning cigarettes, hot lamps or the like.
- Make sure you order the right product for the right purpose.
- Use only Järven Rescue Sheet together with a mattress that is adapted to the patient's weight. Recommended mattress thickness is at least 10 cm.
- DO NOT use Järven Rescue Sheet in combination with mattress pad/mattress on top of continental bed or box spring bed.
- Evacuation personnel should have adequate training.  
At jarven.se there is an instructional film that can also be ordered free of charge.
- After evacuation, all seams must be carefully checked.  
Are you unsure? Contact Järven Health Care; 0660-22 28 50, [healthcare@jarven.se](mailto:healthcare@jarven.se)
- The Velcro straps must be fastened together before washing, otherwise the Velcro risks tearing the sheet and destroying adjacent textiles and lint risks getting stuck in the Velcro. This impairs the attachment of the velcro during evacuation.

## 2. QUALITY

### 2.1 CE MARKING

Järven's Rescue Sheet is CE marked according to MDR 2017/745. The label means that Järven Health Care has the manufacturer's responsibility and assures that the product meets the essential requirements and that there is technical documentation and insurance that must be preserved for at least ten years.



### 2.2 QUALITY WORK

Our quality work and customer focus is realized by being sensitive to our customers' needs and expectations and in all respects work for a collaboration based on long-term perspective and trust. Continuous improvement of our products and services is the basis of our ability to satisfy customers today and in the future. Our basic quality work also includes finding evaluation methods and standards that offer the customer a guaranteed quality in terms of comfort, function, durability and price. Järven Health Care focuses in particular on continuously training and developing the care staff through competent and committed employees. It is our hope that this will lead to them, through the right product choice, conducting high-quality care with a focus on preventing pressure ulcers, care-related infections and reducing fires that occur in care.

## 3. THE INSTRUCTIONS FOR USE APPLY

- Järven's Rescue Sheet

## 4. PRODUCT INFORMATION

### 4.1 THE JÄRVEN RESCUE SHEET

With Järven Rescue Sheet between the mattress and the bed, you can quickly evacuate the patient in the event of a fire or other danger. With a simple grip, a person can evacuate the patient himself. Järven Rescue Sheet has an extra long pull handle on each short side which makes it possible for the staff to evacuate with a straight back and thereby reduce the physical effort during evacuation. The fastening straps are provided with strong velcro and coloured in a clear orange safety colour. The rescue sheet slides easily on both wet and dry surfaces.

Järven Rescue Sheet meets Swedish Standard, SS 876 00 39: 2012, and this guarantees i.a. that the handles can tolerate a load of 1,000 N (100 kg), which corresponds to a patient weight of approx. 210 kg. Järven Rescue Sheet is available in 4 sizes for mattress widths between 78-105 cm

### 4.2 FIRE PROTECTION

The rescue sheet has been tested and complies with SS 876 00 39:2012.

### 4.3 RECEIVING AND UNPACKING YOUR NEW RESCUE SHEET

Start by checking that the product is not damaged. In the event of transport damage, see section 6.3. Remove the plastic packaging and any protective material. The use of a knife should be avoided when handling the packaging and the product. The rescue sheet can then be deployed and used directly.

## 5. INTENDED USE

Järven's Rescue Sheet is intended to be used under a foam mattress when evacuating a bedridden patient in the event of a fire or other danger, when no other evacuation option is provided. Can also, for staff, be used as an aid when moving a mattress without a patient.

Can be used in all care environments, but is NOT recommended for patients who are acting out or patients with self-harming behaviour as the sheet has restraining straps that can be used for injury. In case of self-harming behaviour, we recommend a rescue mattress that should be placed so that it is only accessible to staff.

**Järven's Rescue Sheet is intended to drag the patient to the floor with, not for lifting.**



**Use only Järven Rescue Sheet together with a mattress that is adapted to the patient's weight. Recommended mattress thickness is at least 10 cm.**



**DO NOT use Järven Rescue Sheet in combination with mattress pad/mattress on top of continental bed or box spring bed.**

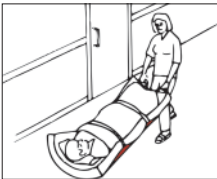
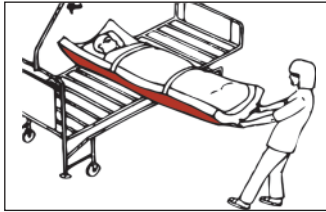
## 5.1 EVACUATION WITH JÄRVEN RESCUE SHEET

Järven Rescue Sheet must be placed with the right side up between the bed and the mattress. (see label "THIS SIDE UP"). Make sure that the rescue sheet is attached to the mattress with the elastic bands in all four corners.

Use only Järven rescue sheets together with a mattress that is adapted to the patient's weight. Recommended mattress thickness is at least 10 cm.

### EVACUATE FROM BED

- 1 **Inform the patient** about what is happening.
- 2 **Lower the bed all the way** and lock it in a position for a safer evacuation.
- 3 Pull out the straps on the long side of the rescue sheet and **attach the straps around the patient**.
- 4 Use the outer handles at the foot end to **pull the mattress out of the bed and onto the floor**.



### EVACUATION ON A LEVEL SURFACE

- 1 Pull the mattress with the handles at the foot end.
- 2 Tilt your body back slightly.  
This facilitates the work and relieves the arms.
- 3 Go at normal speed - do not run!



### EVACUATION IN STAIRS

- 1 Go backwards until most of the mattress has slid down over the top step.
- 2 Turn completely so that you have your eyes in the direction of travel, without letting go of the mattress.
- 3 Hold one hand firmly on the handrail and pull with the other hand.
- 4 Follow the stairs down and let the mattress stop against your legs if necessary.
- 5 **Go down with at a normal speed - do not run!**



Evacuation personnel should have adequate training.  
At [jarven.se](http://jarven.se) there is an instructional film that can also be ordered free of charge.

## 5.2 CARE AND CLEANING OF THE RESCUE SHEET



**After evacuation, all seams must be carefully checked.**

**Are you unsure? Contact Järven Health Care; 0660-22 28 50, [healthcare@jarven.se](mailto:healthcare@jarven.se)**

Prepare an inspection plan for checking the rescue sheet. Check the sheet regularly for visible signs of damage or wear, such as tears, cracks, holes, stains or staining. Check all sides of the rescue sheet (including the underside).

Järven Rescue Sheet can be cleaned with soap-based cleaning agents. Be sure to use the correct dilution conditions according to the detergent recommendations. Never use concentrate.

**Chlorine-containing preparations must not be used!**

**Basic cleaning agents must not be used!**

**Disinfect with alcohol-based detergent with surfactants.**

When using cleaning agents or other chemicals, it is important to observe the instructions and safety instructions available for each cleaning agent, see safety data sheets for the cleaning agents used.



**The Velcro straps must be fastened together before washing, otherwise the Velcro risks tearing the sheet and destroying adjacent textiles and lint risks getting stuck in the Velcro. This impairs the attachment of the velcro during evacuation.**



Cleaning should be done with soap-based cleaners. Follow the cleaner's instructions for use and recommendations regarding safety and personal protection, etc. Be sure to use the correct dilution ratio. Never use concentrate.



Under no circumstances may chlorine-containing preparations be used!



Disinfection is done with alcohol-based or similar cleaning agents with surfactants. NOTE! Alcohols have a dehydrating effect and should therefore be used sparingly. These can be used; Dax Surface Disinfection Plus, Virkon, Perform and Dismozon Pur.



Avoid sharp objects near the rescue sheet.



Järven Rescue Sheet may be tumble dried at 70° C.



Järven Rescue Sheet can be washed at 70-90° C.  
If no other requirements exist, washing at 70° C is recommended to extend the life of the product.



DO NOT use fabric softener.

### **5.3 STORAGE**

Store the rescue sheet in a dry, room temperature space. Avoid exposing the rescue sheet to direct sunlight.

### **5.4 LIFESPAN**

Always follow our care instructions on the rescue sheet for the longest possible service life while maintaining safety and function. Estimated lifespan, if care instructions are followed, is 5 years.

### **5.5 RECYCLING**

Järven Rescue Sheet is completely recyclable and must be sorted as combustible waste. No disassembly is necessary.

## **6. OTHER**

### **6.1 PRODUCT LIABILITY**

Product liability refers to the manufacturer's, importer's or seller's statutory liability for any damage caused by the product. The Product Liability Act (EU Directive 85/374 / EEC, Swedish law SFS 1992:18) establishes the manufacturer's, importer's or seller's statutory liability for damages for any damage caused by the product. The rules apply to physical products in the form of loose objects but also to products that are linked to other loose objects or real estate. If there is no product that has caused any form of property or personal injury, the product liability legislation is not relevant.

### **6.2 RETURNS AND COMPLAINTS**

Complaints must be reported in writing to Järven Health Care. The product must be returned after the approved complaint has taken place in accordance with our instructions. If the product is returned before the complaint case is approved, the case is considered closed and compensation to the customer is not paid.

### **6.3 TRANSPORT DAMAGES**

Transport damage must be noted on the shipping note before signing to be valid. You then contact customer service at Järven Health Care (0660-22 28 50, [healthcare@jarven.se](mailto:healthcare@jarven.se)) and provide relevant information.

NOTE! For faster processing of your case, we ask you to photograph the transport damage as detailed as possible before you contact customer service.



# 7. MARKING

Below is an example of how the rescue sheet is marked. The appearance of the label may vary. The rescue sheet is marked with instructions in 8 languages, care instructions and the manufacturer's contact information.

## 7.1 LABEL

<p><b>Järven Räddningslakan</b> <b>Järven Rescue Sheet</b></p>	<p><b>Järven Evakueringstücher</b> 救急用シート</p>	<p><b>Järven-pelastuslakan</b> <b>Järven Rescue Sheet</b></p>	<p><b>Sábana de rescate Järven</b></p>
<p><b>Installation:</b> Placera räddningslakanet på sängbotten med denna sida upp. Lågg madrassen på lakanet. Fäst sedan lakanet i madrassen med hjälp av de fyra hörnbanden. Fixeringsbanden ska ligga i sina fällor, ej synliga utifrån madrassens kant.</p>	<p><b>Installation:</b> Die Matratze wird auf das Evakuierungstuch aufgelegt und mit den 4 Eckbändern fixiert. Die seitlichen Klettverschlussmüssen 5 cm rausstehen.</p>	<p><b>Asennus</b> Kiinnitätä patiaan neljällä markkahihalla. Vuorotta, ettei neijä kiinnityshihaa ovat hyvin käällä. Niiden tulisi olla noin 5 cm esillä.</p>	<p><b>Instalación</b> Sujete el colchón con las cuatro correas de las esquinas. Angüirese de poder acceder fácilmente a las cuatro correas de fijación. Deben sobresalir unos 5 cm.</p>
<p><b>Bilderna visar:</b> 1 Informera och fixera patienten 2 Sänk sängen, rotera patient 45° och dra försiktigt patienten av sängen. 3 Evakuering på slätt golv 4 Evakuering i trappor</p>	<p><b>Evakuering manuellt:</b> 1 Patienten mit den Gurten fixieren. 2 Griffe am Fußende greifen, Patienten seitlich aus dem Bett ziehen. 3 Mit den Füßen voran ziehen. 4 Die Treppe langsam vorwärts runtergehen.</p>	<p><b>Evakuointiohjeet</b> 1. Kerro potilaalle ja kiinnitä hänet. 2. Laske sänky, käännä potilas 45 astetta ja vedä alas. 3. Tasaista painalla. 4. Portaita</p>	<p><b>Manual de evacuación</b> 1. Informe al paciente y asegúrelo. 2. Baje la cama, gire 45 grados y tire hacia abajo. 3. En superficies planas. 4. En escaleras</p>
<p>DENNA SIDA MOT MADRASSEN THIS SIDE TOWARDS THE MATTRESS</p>	<p>DEISE SEITE ZEIGT NACH OBEN</p>	<p>TÄMÄ PUOLI PATAJAA VASTEN</p>	<p>ESTE LADO HACIA EL COLCHÓN</p>

**PLACERAS UNDER BEFINTLIG MADRASS MED DENNA SIDA UPP!**  
**PLACED UNDER THE MATTRESS WITH THIS SIDE UP!**

REF 14-090000-002  
Size: 205x80 cm  
For mattress size 78-84 cm

7 340010 705032

Wash at 70-90° C

Under no circumstances may chlorine-containing preparations be used!

Withstands tumble drying at low temperatures.

Rinse aid must not be used.

558760039 + 55876001

Järven Health Care  
Bromsvägen 3  
SE-891 60 Örnsköldsvik  
SWEDEN

## 7.2 EXPLANATION OF SYMBOLS

<p>Wash at 70-90° C</p>	<p>Under no circumstances may chlorine-containing preparations be used!</p>	<p>Withstands tumble drying at low temperatures.</p>	<p>Rinse aid must not be used.</p>	<p>Indicates min - max patient weight = 0-xxx kg</p>
<p>Indicates the part number of the product</p>	<p>This is a Medical Device</p>	<p>Consult the user manual</p>	<p>Read the user manual for important warning information</p>	<p>This product is CE marked according to MDR 2017/745</p>
<p>Manufacturer</p>				



Distributor:



**Järven Health Care**

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SWEDEN

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**Rescue Sheet Instructions for use. All trademarks are the property of their respective owners.**

Järven AB reserves the right to update these operating instructions if necessary and / or to find any spelling or factual errors.

**Additional copies can be ordered from Järven Health Care.  
Copying for internal use is permitted.**

[www.jarven.se](http://www.jarven.se)